



Indoor Gymnasium Rules

These rules apply even if you have received the COVID-19 vaccine.

1. Wear a MASK at all times if you are not vaccinated for COVID-19, except when drinking water.
2. Wash your hands or use hand sanitizer BEFORE and AFTER touching common surfaces or items.
3. Disinfect equipment BEFORE and AFTER using.
4. No eating in the gym.
5. Stay home if sick and get tested for COVID-19.
COVID-19 can be spread by people who don't feel sick or show symptoms.

The COVID-19 virus travels in the air more than six feet and collects indoors. Your risk of exposure is generally higher indoors.

Your use of the gym is at your own risk.